

STEINBERG SPORTS HEALTH

ENHANCED
PERFORMANCE

SPEED

REACTION

STRENGTH

MENTAL

COMPETITIVE ADVANTAGE



LEIGH STEINBERG SPORTS PERFORMANCE & HEALTH

Philosophy

HEALTH & PERFORMANCE ARE ESSENTIAL TO COMPETITIVE ADVANTAGE

Vision

Improve
performance of
athletes globally

Mission

Advance awareness of
performance & health
modalities

Goals

Empower athletic
teams



NESTRE

- Mental & cognitive strength training & solutions company
- Uses neuroscience & AI/machine learning
- Creates individualized cognitive training to enhance brain capabilities, health, & performance
- Provides customizable & non-invasive solutions to some of the world's biggest brain-based health & performance challenges



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NESTRE

“Most people operate below their peak cognitive capacity level. These skills can be improved through carefully designed cognitive exercise programs individually tailored to your needs.”

– Dr. Elkhonon Goldberg, NESTRE Chief Scientific Officer Founding Director, Luria Neuroscience Institute



Elkhonon Goldberg, Ph.D., Chief Scientific Officer of NESTRE Health & Performance

Elkhonon Goldberg, Ph.D., is an author, scientist, educator, and clinician, internationally renowned for his clinical work, research, writings and teaching in neuropsychology and cognitive neuroscience. He is a Clinical Professor of Neurology at New York University School of Medicine. Diplomate of The American Board of Professional Psychology in Clinical Neuropsychology and Director of Luria Neuroscience Institute. A student and close associate of the great neuropsychologist Alexandr Luria, Elkhonon Goldberg has continued and advanced his scientific and clinical tradition.





BRAIN HEALTH HAWAII

- Experience peak performance & optimal recovery via personalized brain stimulation
- Brain Map – visualize & capture brain activity, data driven biomarker for optimizing & strengthening brain signals & tracking response
- Personalized brain stimulation promoting stronger, more efficient brain signals & connections
- Goal: improve brain performance measured by brain signal organization & strength & neurocognitive scores



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ÉLEVÉ

- Advanced technology health solutions
- Elite health optimization therapies
- Enhance physical & mental performance
- Improve the body's ability to heal



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KEY PRODUCTS AND SERVICES

MENTAL & COGNITIVE TRAINING: Utilizes neuroscience & AI/machine learning technology to personalize how people feel & perform better.

BENEFITS: Increases responsive performance, core performance, memory, & motor speed



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KEY PRODUCTS AND SERVICES

INFRARED SAUNA THERAPY (IST): IST is designed to speed-up an individual's performance, wellness, & recovery. Infrared Light Therapy sets the new standard for thermo energy innovation.

BENEFITS: Helps alleviate pain, improves cardiovascular function, enhances pulmonary function, detoxifies the body, & reduces inflammation



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KEY PRODUCTS AND SERVICES

HYPERBARIC OXYGEN THERAPY (HBOT): A non-invasive session in a pressurized environment filled with pure oxygen. HBOT allows extra oxygen to dissolve into the blood plasma & travel freely through the circulatory system.

BENEFITS: Creates new blood vessels & stem cells, boosts immune function, & increases recovery time up to 70% faster



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KEY PRODUCTS AND SERVICES

STIM LIGHT THERAPY: Delivers light energy to various parts of the body through light emitting diodes (LED) & is absorbed by the cells. The light energy penetrates the tissue providing what is needed to activate increased circulation & trigger the release of nitric oxide, the body's natural vasodilator.

BENEFITS: Improves blood flow, accelerates the healing process, reduces inflammation & pain, assists with tissue repair, & helps repair bones, joints, & ligaments



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THANK YOU

STEINBERG SPORTS HEALTH

OFFICE



2901 W Coast Hwy, STE 362
Newport Beach, CA 92663



(949)-270-2779



www.steinbergspeaks.com



performance@steinbergspeaks.com

